

Tasmania is known as the Apple Isle

A Recipe for a Nice Afternoon:

invite some friends around

bake them this cake

get out an atlas

have a look at Tasmania

Dream of coming for a holiday some time soon.

Traditional Tasmanian Apple Cake

1 cup sugar

1/2 cup butter

2 cups self raising flour

2 dessert spoons cocoa

1/2 cup raisins

1/2 cup chopped walnuts

1 1/2 cups warm stewed apple

1 teaspoon soda stirred into warm apple

1/2 teaspoon nutmeg, cinnamon, allspice - each

Cream butter and sugar, add apple with soda,
then add other ingredients.

Bake 45 minutes moderate oven.

Ice with chocolate or lemon icing.

Very Nice with Coffee or Earl Grey Tea

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BY PENNY CAREY-WELLS AND DIANE PERNDT

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